

Therapist: \_\_\_\_\_

Client Name: \_\_\_\_\_

**SOLUTION BASED COUNSELING SERVICES, LLC**  
**CLIENT INFORMATION PACKET – CHILD**

Name of person completing this form: \_\_\_\_\_

Relationship to client: \_\_\_\_\_ Who referred you to us?: \_\_\_\_\_

Reason child is coming in for treatment: \_\_\_\_\_

How does your child feel about treatment?: \_\_\_\_\_

What would you/your child like to achieve in counseling?: \_\_\_\_\_

**PERSONAL ADJUSTMENT**

**Please circle any of the following that are typical of your child’s behavior:**

- |                      |                                  |                  |                      |
|----------------------|----------------------------------|------------------|----------------------|
| Shy                  | Angry, Defiant                   | Moody            | Panic Attacks        |
| Quarrels             | Difficulty Sleeping              | Temper Tantrums  | Anxiety              |
| Sleepwalking         | Sad, Cries                       | Soiling          | Easy Going           |
| Loner                | Lies Frequently                  | Selfish          | Speech Problems      |
| Destructive          | Poor Appetite                    | Sets Fire        | Learning Problems    |
| Weight Loss          | Lazy/Unmotivated                 | Often Ill        | Short Attention Span |
| Avoids Adults        | Drug/Alcohol Use                 | Police Problems  | Careless, Reckless   |
| Frequent Headaches   | Unusual Thinking                 | Messy            | Enthusiastic         |
| Bizarre Behavior     | Tics or Twitches                 | Seizures         | Overactive           |
| Frequent Daydreams   | Acts without Thinking            | Generous         | Suicidal Gestures    |
| Sloppy Hygiene       | Frequent Injuries                | Suicide Attempts | Excessive Worries    |
| Psychiatric Problems | Slow Moving                      | Bullies          | Bedwetting           |
| Expects Failure      | Stealing                         | Overweight       | Acts Out Sexually    |
| Stomach Aches        | Blinking, Jerking                | Friendly         | Confident            |
| Cooperative          | Obsessive or Compulsive Behavior | Clumsy           | Doesn’t Listen       |

Please explain any of the above: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

How long have these symptoms been happening?: \_\_\_\_\_

\_\_\_\_\_

### MENTAL HEALTH TREATMENT HISTORY

Has your child ever been in Outpatient Mental Health Treatment?:  Yes  No      When?: \_\_\_\_\_

Where?: \_\_\_\_\_

Has your child ever been in Inpatient Mental Health Treatment?:  Yes  No      When?: \_\_\_\_\_

Where?: \_\_\_\_\_

Have any family members ever been in Outpatient Mental Health Treatment?:  Yes  No      Who?: \_\_\_\_\_

Where?: \_\_\_\_\_      When?: \_\_\_\_\_

Have any family members ever been in Inpatient Mental Health Treatment?:  Yes  No      Who?: \_\_\_\_\_

Where?: \_\_\_\_\_      When?: \_\_\_\_\_

### SCHOOL ADJUSTMENT

Name of school: \_\_\_\_\_      District: \_\_\_\_\_

What grade is your child in?: \_\_\_\_\_      Has he/she ever repeated a grade?  Yes  No

If so, which grade?: \_\_\_\_\_      Reason for repeat: \_\_\_\_\_

Please describe any learning disabilities your child is experiencing: \_\_\_\_\_

Has your child ever been psychologically tested?:  Yes  No      If yes, when and where? \_\_\_\_\_

Has your child ever received special education services?:  Yes  No      Please explain: \_\_\_\_\_

How does your child relate to peers?: \_\_\_\_\_

Has your child ever worked?:  Yes  No      Any difficulties with employment?:  Yes  No

Please explain: \_\_\_\_\_

### CHILD'S FAMILY

<u>Full Name</u>	<u>Age</u>	<u>Living with you?</u>	<u>Deceased</u>
Father: _____			
Stepfather: _____			
Mother: _____			
Stepmother: _____			
Siblings: _____			
_____			
_____			
_____			
_____			
_____			

Others in the home?: \_\_\_\_\_

How does your child relate to family members?: \_\_\_\_\_

Was your child adopted?:  Yes  No      What age?: \_\_\_\_\_      Does your child know?:  Yes  No

Who is the legal guardian? \_\_\_\_\_

### MEDICAL HISTORY

Child's Physician: Name/Office Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Name of preferred hospital: \_\_\_\_\_

Current weight: \_\_\_\_\_ Current height: \_\_\_\_\_ Immunization status: \_\_\_\_\_

Date of child's last exam: \_\_\_\_\_ Results: \_\_\_\_\_

Any current health concerns: \_\_\_\_\_

Is your child taking any medications?:  Yes  No Please list: \_\_\_\_\_

Please list any allergies to medications or food: \_\_\_\_\_

### ABUSE HISTORY

Physical abuse?:  Yes  No What age(s)?: \_\_\_\_\_ How long?: \_\_\_\_\_

Sexual abuse?:  Yes  No What age(s)?: \_\_\_\_\_ How long?: \_\_\_\_\_

Verbal abuse?:  Yes  No What age(s)?: \_\_\_\_\_ How long?: \_\_\_\_\_

Neglect?:  Yes  No What age(s)?: \_\_\_\_\_ How long?: \_\_\_\_\_

### DEVELOPMENTAL MILESTONES

Any physical complications during pregnancy with mother or child?:  Yes  No If yes, please explain: \_\_\_\_\_

Any substances used during pregnancy (including caffeine or tobacco)?:  Yes  No

Frequency/Amount of use during pregnancy?: \_\_\_\_\_

Was child born premature/full term?: \_\_\_\_\_ Weight: \_\_\_\_\_

Type of delivery: \_\_\_\_\_ Length: \_\_\_\_\_

Age first walked: \_\_\_\_\_ Age used single words: \_\_\_\_\_

Age used sentences: \_\_\_\_\_ Age toilet trained: \_\_\_\_\_

Current language problems?:  Yes  No Please explain: \_\_\_\_\_

Date of last hearing/eye exam: \_\_\_\_\_ Results: \_\_\_\_\_

Has your child ever had seizures?:  Yes  No Any hospitalizations?:  Yes  No Injuries?:  Yes  No

Please explain: \_\_\_\_\_

Any sexual orientation or gender identity concerns?  Yes  No

Please explain: \_\_\_\_\_

### INCOME DATA

Any financial problems in the family?:  Yes  No Explain: \_\_\_\_\_

Do both parents work?:  Yes  No Does child attend daycare or latchkey?:  Yes  No

**RELIGION**

Any religious conflicts in the family?:  Yes  No Religious preference: \_\_\_\_\_

Does your child practice?:  Yes  No Any other religious activities?: \_\_\_\_\_

\_\_\_\_\_

**SUBSTANCE ABUSE HISTORY**

Does your child have a problem with alcohol or drugs?:  Yes  No

Any tobacco use?:  Yes  No Amount: \_\_\_\_\_

Any caffeine use?:  Yes  No Amount: \_\_\_\_\_

Other substances used: \_\_\_\_\_

Age use began: \_\_\_\_\_

Frequency of use: \_\_\_\_\_

Date of last use: \_\_\_\_\_ Number of days used in the last 30 days: \_\_\_\_\_

**LEGAL**

Has your child ever been involved with the police or juvenile court system?:  Yes  No

Please explain: \_\_\_\_\_

\_\_\_\_\_

Is your child currently on probation?:  Yes  No Next court date: \_\_\_\_\_

Requirements of probation: \_\_\_\_\_

\_\_\_\_\_

Are the parents involved in a divorce or custody issue currently?:  Yes  No

Please explain: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Additional Comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Signature of Parent or Guardian \_\_\_\_\_ Date \_\_\_\_\_

Therapist's Signature /Credentials \_\_\_\_\_ Date \_\_\_\_\_

Therapists Comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_